



THE FAR HORIZONS
Journeys Discovering Africa
TOURS FOR WOMEN

The best of Uganda's wildlife activities and authentic cultural encounters,
in the company of like-minded female travellers and at a relaxed pace

A SENSE OF UGANDA

A SENSE OF UGANDA : TOUR ITINERARY



DAY 1: ENTEBBE - KAMPALA

Today you arrive at Entebbe International Airport, where we will meet you for a welcome drink and a briefing at your hotel.

Emin Pasha Hotel
Meal Plan: Dinner

DAY 2: KAMPALA

Spend a relaxing day visiting Kampala's boutiques, art galleries and craft markets, followed by a full spa treatment including body scrub, massage, manicure and pedicure. This evening, we enjoy a dinner at the Khana Khazana, Kampala's famous North Indian restaurant.

Emin Pasha Hotel
Meal Plan: Full Board

DAY 3: KAMPALA-LAKE MBURO NATIONAL PARK

Today we will travel westwards (5 hours, 200km, 120 Miles) to Lake Mburo National Park, where, after a relaxing lunch at the lodge, we will enjoy a guided walking safari.



Mihingo Lodge
Meal Plan: Full Board

DAY 4: LAKE MBURO NATIONAL PARK

This morning we enjoy a horseback safari across the rolling plains of the park in search of the wildlife that abounds here. We will

enjoy a break in our ride, to be served breakfast in the bush – a magical experience. The afternoon affords us time to relax by the pool watching the animals visit the waterhole on the plains below.

Mihingo Lodge
Meal Plan: Full Board



DAY 5: LAKE MBURO NATIONAL PARK – BWINDI IMPENETRABLE NATIONAL PARK

Today we drive into the scenic Kigezi Highlands of south western Uganda and make our way to the Bwindi Impenetrable National Park. This UNESCO World Heritage site is an ancient rainforest and breathtakingly beautiful. Your Lodge is owned by the local community, but is run to a very high standard, making it one of the best lodges in East Africa, and a fitting base for your gorilla adventure.

Clouds Mountain Gorilla Lodge
Meal Plan: Full Board

DAY 6: BWINDI IMPENETRABLE FOREST

Today we will go out into the village visit the women's craft centre. We will also visit a local homestead and sample a traditional lunch.

Clouds Mountain Gorilla Lodge
Meal Plan: Full Board

DAY 7: BWINDI IMPENETRABLE FOREST

Today is a highlight of the trip, tracking Mountain Gorillas. The Gorillas in Bwindi are part of a worldwide population of just 720 individuals. The gorillas we are allowed to track belong to either one of 9 habituated family groups. For up to five years each, these groups have undergone a delicate process that has gradually brought them to tolerate the presence of humans for a brief period every day.

The time taken to track the gorillas varies enormously, from as little as half an hour to as much as 9 hours before one returns to camp. Once the gorillas are located, our group will be allowed a maximum of one hour with them.

Later, back at the lodge, enjoy a relaxing massage to sooth away any aches and pains from the strenuous hiking activities today.

Clouds Mountain Gorilla Lodge
Meal Plan: Full Board



DAY 8: BWINDI - KIGALI—DEPARTURE

We drive 7 hours across the border to Kigali, Rwanda, to catch our international flight home.

Meal Plan: Breakfast, Lunch



MAIN TOUR PRICE

All year round
US\$ 6,519 per person sharing a twin
US\$ 1,382 single room supplement

We will pair individual travellers up on request to avoid payment of the single supplement.

Minimum group size: 4 travellers
Maximum Group Size: 6 travellers

Check online for available dates at <http://bit.ly/sp0opc>

We retain the right to substitute the accommodations shown above with other suitable accommodations if there is no availability, and we retain the right to run the itinerary in a reverse direction to fit the availability of accommodations.

INCLUDED IN THE MAIN TOUR PRICE

Accommodation in standard twin rooms
Meals as indicated in the daily meal plan
All road and air transfers as indicated
Services of an English speaking driver guide
Services of your female tour director
Park fees
1 Gorilla tracking permit per person

All activities described in the itinerary, unless specified as extras
Mineral water, tea and coffee in the vehicle
Medical Evacuation Insurance (to Nairobi)

NOT INCLUDED IN THE MAIN TOUR PRICE

International Air Fares, entry visa fees, domestic and international departure tax
Beverages other than those in the vehicle
All expenses of a personal nature
Tips and gratuities to your driver guide, park guides, hotel/camp staff etc

Full terms and conditions at <http://bit.ly/shUaBm>

WHAT TO PACK

FOR TRACKING:

A small, lightweight day backpack
Light, waterproof hiking boots or shoes
Walking socks
Waterproof trousers/pants
Waterproof jacket or poncho, with hood (or waterproof hat)
Lightweight, quick-dry hiking trousers
Short-sleeved shirt or T-shirt
Water bottle or canteen (boiled water and a packed lunch will be provided by your camp)
A camera or video-camera with high-speed settings (or 800ASA speed film minimum—no flash photography is allowed when tracking)

GENERAL:

Long-sleeved shirts and trousers
Short-sleeved shirts, T-shirts and shorts
A down / fleece vest or safari jacket
Travel alarm clock
A sweatshirt or sweater for chilly evenings and early mornings
'Normal' clothes for nights out in Kampala
Sunscreen & after-sun care
Insect repellent (tropical formula recommended)